

13th Annual
Winnipeg Police Service Half Marathon
Winnipeg, MB
May 7, 2017

5 Kilometre

Boys 10 & Under Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5342	Matthew Gravelines			23:44	4:45
2	5030	Owen Law			29:29	5:54
3	5464	Matty Andrusko			29:39	5:56
4	5276	Nolan Law			32:39	6:32
5	5571	Cole Patrick			34:57	7:00
6	5151	Matthew Galka			37:55	7:35
7	5150	Robert Galka			38:01	7:37
8	5567	Rayden Atkinson			38:27	7:42
9	5599	Sam Anania			38:55	7:47
10	5470	Mikhail Precourt			39:01	7:49
11	5486	Malcolm Woolley			40:37	8:08
12	5263	Jace Wilson			40:39	8:08
13	5607	Isaiah Penner			42:48	8:34
14	5433	McKinley Hodgins			43:08	8:38
15	5061	Austin Bowman			43:20	8:40
16	5270	Hayden Bowman			43:20	8:40
17	5080	Quinn Gillam			43:27	8:42
18	5056	Noah Roch			46:10	9:14
19	5109	Louis Orbeta			46:24	9:17
20	5568	Landon Nelson-Turtle			46:33	9:19
21	5559	Tex Nelson			49:26	9:54
22	5081	Carter Gillam			49:30	9:54
23	5252	Harry Menec			49:31	9:55
24	5477	Nathan Phillips			50:37	10:08
25	5622	Ken Russell			53:33	10:43
26	5572	Adrian Atkinson			55:04	11:01
27	5573	Regan Severight			57:30	11:30
28	5569	Quinton Mitchell			1:01:30	12:18

Men 11-15 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5310	Calvin Reimer			19:13	3:51
2	5511	Briley Wing			21:38	4:20
3	5596	Tyler Turner			21:44	4:21
4	5513	Matthew Frederiksen			21:57	4:24
5	5267	Robert Schiewe			24:31	4:54
6	5416	Michael Clouston			25:47	5:10
7	5233	Cruise Brown			28:34	5:43
8	5245	Logan Hargreaves			29:35	5:55
9	5160	Navin Vanderwert			29:41	5:56
10	5588	Logan Fehr			29:42	5:57
11	5193	Josh Henry			33:00	6:36
12	5580	Koby Nelson			34:47	6:58
13	5029	Evan Law			37:31	7:31
14	5557	Alex French			46:21	9:17
15	5422	Mark Kavitch			47:37	9:32
16	5558	Chris Fosseneuve			55:01	11:01
17	5215	Kyle Richen			55:32	11:07
18	5482	Gabriel Nault			59:32	11:55

Men 16-19 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
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1	5018	Cody Dacquay			23:24	4:41
2	5344	Luke McMillan			24:17	4:52
3	5404	Hans Edward Habacon			25:07	5:02
4	5423	Tyler Kavitch			47:35	9:31
5	5210	Kyle Sparanese			1:02:00	12:24

Men 20-24 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5381	Justin Passey			24:25	4:53
2	5552	Jeff Stuart			28:44	5:45
3	5498	Tanner Pouteau			30:51	6:11
4	5543	Jared Hart			35:11	7:03

Men 25-29 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5324	Neff Guiao			20:12	4:03
2	5170	Jesse Harris			23:14	4:39
3	5517	Vince Coupland			25:33	5:07
4	5225	Randy Friesen			28:10	5:38
5	5440	Raymond Tran			29:09	5:50
6	5501	Jesse Williams			29:41	5:57
7	5365	Gulbaj Dhillon			30:36	6:08
8	5177	Steven Hoepfner			31:37	6:20
9	5389	Pj Intrater			33:26	6:42
10	5280	Carlos Cordeiro			35:12	7:03
11	5189	Michael Krulitski			38:04	7:37
12	5247	Kyla Williams			41:56	8:24
13	5226	Dave Sabourin			58:48	11:46

Men 30-34 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5371	Tim Hunt			22:05	4:25
2	5290	David Sierhuis			25:20	5:04
3	5403	Michael Kaul			25:25	5:05
4	5593	Scott Christenson			26:33	5:19
5	5328	Ryan Lagace			29:53	5:59
6	5601	Tyler Sommerfield			30:49	6:10
7	5493	Jonathan Bennici			32:12	6:27
8	5164	Eric Riediger			35:20	7:04
9	5231	Drew Diduke			39:21	7:53
10	5293	Andrew Dunsford			44:10	8:50
11	5583	Joshua Haliuk			57:09	11:26
12	5603	Jamie Chaput			57:10	11:26

Men 35-39 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5540	Shannon Dueck			19:22	3:53
2	5536	Owen Van Walleghem			19:52	3:59
3	5178	Mark Neves			23:32	4:43
4	5428	Mike Krewiak			23:39	4:44
5	5355	Ryan Bousquet			25:17	5:04
6	5148	Chris Goodall			25:41	5:09
7	5220	Jarvis Penner			26:00	5:12
8	5467	Mike Tarr			26:11	5:15
9	5375	Kevin Laliberte			26:12	5:15
10	5027	Mike Breiter			26:37	5:20
11	5167	Alain Clark			28:06	5:38
12	5091	Adam Richard			28:14	5:39

13	5212	Jeff Martel			28:57	5:48
14	5146	Terry Burns			29:06	5:50
15	5349	Armando Elias			30:56	6:12
16	5415	Curt McKinnon			31:09	6:14
17	5483	Carl Eusebio			32:16	6:28
18	5462	Jason Clark			33:04	6:37
19	5028	W Law			33:20	6:40
20	5071	Chris Park			34:08	6:50
21	5331	Chris Somers			34:35	6:55
22	5488	Mark Colley			36:08	7:14
23	5188	Ken Collins			37:17	7:28
24	5155	Erik Wenzel			37:50	7:34
25	5070	Dale Garrido			38:54	7:47
26	5485	Jon Woolley			40:39	8:08
27	5262	Justin Wilson			40:41	8:09
28	5455	Ryan Peterson			40:45	8:09
29	5609	Greg Penner			42:51	8:34
30	5019	Shane Zapotochny			44:58	9:00
31	5556	Leslie Williams			1:01:38	12:20
32	5478	Claude Plante			1:02:29	12:30

Men 40-44 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5454	Geoff Dittman			25:08	5:02
2	5529	Gerald Dieleman			26:39	5:20
3	5427	Shawn Meyler			26:57	5:24
4	5051	Mike Desmarais			30:07	6:02
5	5201	Akin Iyogun			31:13	6:15
6	5617	Daniel Jablonshi			32:11	6:26
7	5120	Cory Perrier			32:49	6:34
8	5004	Scott Hanson			32:58	6:36
9	5197	Dave Staatz			36:52	7:23
10	5514	Glenn Fleetwood			37:48	7:34
11	5505	Alan Hyland			38:52	7:47
12	5087	Chris Precourt			39:00	7:48
13	5248	Kirk Cutfeet			49:17	9:52
14	5507	David Bohn			58:47	11:46

Men 45-49 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5345	Grant McMillan			21:23	4:17
2	5121	Mark Dewiele			26:26	5:18
3	5124	Edward Hiebert			27:45	5:33
4	5229	Ray Jeanson			27:51	5:35
5	5417	Darren Clouston			30:11	6:03
6	5168	Brett Harris			30:21	6:05
7	5036	Chuck Halikas			31:04	6:13
8	5402	Chris Cox			31:32	6:19
9	5200	Oswald Asugui			33:47	6:46
10	5199	Eric Asugui			36:17	7:16
11	5495	Manny Bernardo			38:43	7:45
12	5053	Jean Roch			39:13	7:51
13	5149	Brian Bowman			43:19	8:40
14	5429	Steve Vince			46:40	9:20
15	5420	Kevin Kavitch			47:37	9:32
16	5476	Ken Phillips			50:37	10:08
17	5545	Ricardo Frias			55:47	11:10
18	5392	Kevin Coutu			58:44	11:45

Men 50-54 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5300	Roy Balacano			22:05	4:25

2	5320	Gerald Verbong			26:03	5:13
3	5325	Stuart Schwartz			27:26	5:30
4	5544	Arthur Hart			30:53	6:11
5	5512	Kris Frederiksen			31:09	6:14
6	5496	Jason Pouteau			31:16	6:16
7	5083	Jim McCowan			32:49	6:34
8	5179	David Minor			33:26	6:42
9	5539	Richard Cloutier			35:25	7:05
10	5195	Darwin Ilarde			36:48	7:22
11	5105	Colin Fletcher			37:41	7:33
12	5234	Brad Harrison			38:26	7:42
13	5202	Jerry Duot			39:51	7:59
14	5206	Marek Kornowski			39:52	7:59
15	5311	Don Reimer			41:31	8:19
16	5613	Fred McBride			1:02:33	12:31

Men 55-59 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5348	George Stewart			23:17	4:40
2	5240	Chris Harrison			26:49	5:22
3	5321	Floyd Yewchan			27:03	5:25
4	5273	Inderjit Sharma			27:19	5:28
5	5275	Blair Swanson			28:21	5:41
6	5211	Edward Clarkson			31:13	6:15
7	5554	Dave Rogalsky			32:53	6:35
8	5383	Brian Gebhardt			33:24	6:41
9	5176	Mark Hoepfner			33:29	6:42
10	5295	Jack Brown			33:32	6:43
11	5388	Paul Sigurdson			36:07	7:14
12	1417	Brian Byrd			37:58	7:36
13	5469	Andre Sarraillon			45:57	9:12
14	5551	Antonio Santos			55:48	11:10
15	5208	Teddy Matias			1:00:09	12:02

Men 60-64 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5506	Julian Bernas			33:15	6:39
2	5260	Ross McKellar			37:49	7:34
3	5283	Henry Vandenberg			39:52	7:59
4	5334	Al Dueck			44:10	8:50
5	5395	Dwight Cutting			46:15	9:15
6	5092	George Koch			53:28	10:42
7	5337	Leo Precourt			57:12	11:27
8	5246	Guy Frobisher			59:16	11:52

Men 65-69 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5606	Richard Chipman			23:57	4:48
2	5303	Grant Tarr			28:41	5:45
3	5251	William Ward			36:43	7:21
4	5060	Peter Lemon			49:50	9:58
5	5489	Len Jurkowski			56:03	11:13

Men 70-74 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5436	John Penner			42:10	8:26

Men 75-79 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5095	Robert Paulet			1:02:28	12:30

Men 80 & over Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
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Girls 10 & Under Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5461	Mia Tosh			28:20	5:40
2	5049	Sarah Boissonneault			28:26	5:42
3	5592	Amelia Fournier			39:14	7:51
4	5054	Emma Roch			39:14	7:51
5	5249	Racheal Huggard			41:09	8:14
6	5281	Drea Macduff			41:47	8:22
7	5104	Amy McClusky			44:14	8:51
8	5624	Lexi Dobson			44:14	8:51
9	5257	Camryn Janzen			50:18	10:04
10	5575	Tyanna Nattaway			54:52	10:59
11	5457	Tori Koszna			57:02	11:25
12	5399	Kyra Carriere			58:44	11:45
13	5579	Elisha Antoine			59:57	12:00
14	5563	Kelsey Mousseau			1:01:28	12:18
15	5561	Rosie Nelson			1:06:03	13:13
16	5566	Leda Nelson			1:06:13	13:15
17	5562	Honour Littlejohn			1:06:13	13:15

Women 11-15 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5144	Kristin Peterson			21:56	4:24
2	5005	Paige Roddy			25:35	5:07
3	5621	Madison Firlotte			27:42	5:33
4	5284	Cate Carson			27:42	5:33
5	5268	Chloe Schiewe			29:16	5:52
6	5441	Kaitlyn Turner			29:30	5:54
7	5313	Natalie Martin			29:31	5:55
8	5591	Rebecca Watts			29:31	5:55
9	5620	Haley Firlotte			29:46	5:58
10	5587	Haleyna Fehr			29:50	5:58
11	5586	Emily Fehr			29:51	5:59
12	5341	Ashley Gravelines			29:58	6:00
13	5143	Lea Darlyn Martin			30:25	6:05
14	5346	Kara McMillan			31:24	6:17
15	5010	Sarah Beel			31:29	6:18
16	5011	Sydney Beel			34:08	6:50
17	5362	Leanna Beckman			34:29	6:54
18	5078	Ciara Park			34:42	6:57
19	5264	Finleigh Wilson			35:17	7:04
20	5411	Brenna Hughes			35:21	7:05
21	5526	Caitlin Meyers			35:42	7:09
22	5085	Katherine McCowan			36:54	7:23
23	5171	Hailey Allen			38:08	7:38
24	5535	Aroha Bluesky			51:53	10:23
25	5574	Karina French			54:51	10:59

Women 16-19 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5084	Olivia McCowan			29:53	5:59

2	5361	Natasha Beckman			33:59	6:48
3	5618	Amanda Hunter			34:47	6:58
4	5619	Dian Cortes			34:49	6:58
5	5503	Lily McCarvill			36:53	7:23
6	5615	Rachel Ulrich			37:43	7:33
7	5228	Danielle Jeanson			38:44	7:45
8	5299	Samantha Stoddart			38:55	7:47
9	5285	Josee Savoie			39:04	7:49
10	5359	Nicole Rosin			40:06	8:02
11	5466	Gracey Stemkoski			40:16	8:04
12	5172	Brooke Harris			48:48	9:46
13	5407	Brianna Di Pietro			52:10	10:26

Women 20-24 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5141	Tina Schweizer			27:35	5:31
2	5075	Larissa Cerasani			29:32	5:55
3	5497	Joanne Fossay			31:35	6:19
4	5527	Linh Marion			31:38	6:20
5	5390	Riley Read			33:25	6:41
6	5312	Brianna Musso			36:25	7:17
7	5190	Lindsay Dudeck			46:11	9:15
8	5376	Jenessa Wilcox			47:39	9:32
9	5241	Keeley Bartel			48:44	9:45
10	5398	Celina Di Pietro			52:09	10:26
11	5309	Dixie Baldwin			59:40	11:56

Women 25-29 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5352	Heather Delaquis			23:52	4:47
2	5494	Rebecca Hugill			29:36	5:55
3	5595	Chelsea Hynes			29:39	5:56
4	5449	Angelica Calvadores			30:47	6:10
5	5135	Kayla Robinson			32:12	6:27
6	5033	Stephany Halikas			33:09	6:38
7	5528	Laura Murdoch			33:21	6:41
8	5524	Lauren Clear			33:33	6:43
9	5323	Stephanie Verbong			34:29	6:54
10	5218	Alexandra Hyatt			35:26	7:06
11	5227	Carrie Snelling			36:13	7:15
12	5278	Monica Kazubek			36:24	7:17
13	5044	Chantell Holland			36:33	7:19
14	5097	Heather Woitowicz			36:45	7:21
15	5096	Kristen Walker			37:03	7:25
16	5098	Marianne Altasin			37:37	7:32
17	5380	Angela Pangilinan			38:45	7:45
18	5287	Jessica Bottrell			39:41	7:57
19	5274	Gillian Goldstein			42:22	8:29
20	5364	Jona-Marie Pangilinan			44:30	8:54
21	5465	Sabrina Semrock			45:22	9:05
22	5224	Jaime Friesen			58:33	11:43
23	5223	Kara Friesen			58:48	11:46
24	5582	Sandy Paishk			1:06:17	13:16

Women 30-34 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5456	Marnie Malandrakis			25:49	5:10
2	5186	Christine Forbes			26:13	5:15
3	5515	Alice Cote			28:42	5:45
4	5072	Yvonne Yeats			29:04	5:49
5	5022	Valerie Gough			29:05	5:49
6	5007	Monica Zimnicki			29:14	5:51

7	5378	Marissa Gertridge	29:34	5:55
8	5553	Guneet Jassal	29:44	5:57
9	5269	Natalie Leishman	29:51	5:59
10	5623	Marie-Eve Coleman	29:57	6:00
11	5088	Jodi Davis	30:24	6:05
12	5132	Laura Fostey	30:58	6:12
13	5353	Keri Keeler	31:30	6:18
14	5068	Karine Cole	31:41	6:21
15	5145	Kristen Page-Goertzen	31:48	6:22
16	5112	Jordana Broadfoot	31:53	6:23
17	5038	Theresa Tolentino	32:24	6:29
18	5472	Krystie Sigvaldason	33:01	6:37
19	5039	Amy Campbell	33:34	6:43
20	5046	Lisa Klassen	33:53	6:47
21	5156	Kristen McCallum	33:59	6:48
22	5322	Jill Somers	34:34	6:55
23	5339	Erica Gibson	35:18	7:04
24	5425	Nichole MacGillivray	35:25	7:05
25	5134	Sheila Terra	35:37	7:08
26	5302	Brittany Mellon	36:27	7:18
27	5042	Elizabeth Chipilski	37:21	7:29
28	5117	Pamela Robinson	37:54	7:35
29	5116	Breanne Dugard	37:55	7:35
30	5590	Kathy Saysana	38:13	7:39
31	5368	Melodie Barmeier	38:20	7:40
32	5066	Jacqueline Dielschneider	38:36	7:44
33	5079	Shareen Bauschke	38:37	7:44
34	5194	Christina Worm	39:15	7:51
35	5069	Jeramie Garrido	41:38	8:20
36	5271	Alanna Babakhanians	42:23	8:29
37	5207	Cece Nazaripour	42:40	8:32
38	5474	Karol Vargscarr	43:44	8:45
39	5253	Nicole Goresky	44:01	8:49
40	5292	Alexandra Dueck-Dunsford	44:10	8:50
41	5338	Heather Moore	47:14	9:27
42	5492	Ashleigh Jamieson	47:41	9:32
43	5216	Jenny Gibson	50:44	10:09
44	5065	Jaclyn Smith	51:26	10:18
45	5289	Danielle Kakeway	51:35	10:19
46	5288	Roxanne Meawasige	51:36	10:20
47	5479	Katherine Desjarlais	53:35	10:43
48	5522	Breanna Sawatzky	56:30	11:18
49	5255	Sheena Dawson	56:37	11:20
50	5585	Amber Haliuk	57:11	11:26
51	5272	Tasha Szczerba	58:28	11:42
52	5531	Erika Skaftfeld	59:47	11:58

Women 35-39 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5600	Trina Ross			24:48	4:58
2	5147	Robyn Pohrebniuk			25:24	5:05
3	5175	Catherine Wreford Ledlow			25:44	5:09
4	5315	Lisa Gulle			26:24	5:17
5	5031	Lindsay Hyman			26:35	5:19
6	5350	Sarah Dentry			26:53	5:23
7	5594	Darcie Rivers			27:00	5:24
8	5369	Karen Moar			27:30	5:30
9	5183	Jen Tennent			27:39	5:32
10	5510	Debbie Wiebe			28:00	5:36
11	5090	Trish Skibo			28:13	5:39
12	301	Andrea Saj			28:48	5:46
13	5301	Raechelle Mudray			28:48	5:46
14	5343	Jenny Ogston			29:49	5:58
15	5430	Annabelle Panlilio			29:56	6:00
16	5354	Alicia Bousquet			30:14	6:03
17	5443	Shauna Campbell			30:40	6:08
18	5173	Holly Potter			30:41	6:09
19	5129	Lisa Riediger			30:57	6:12

20	5434	Agnes Balcerzak	31:01	6:13
21	5431	Anna Kalamaj	31:02	6:13
22	5394	Kim Hamilton	31:09	6:14
23	5130	Madylyn Lopez	31:20	6:16
24	5122	Jennifer Reesink	31:50	6:22
25	5414	Sara McKinnon	32:07	6:26
26	5360	Tara Stokotelny	32:10	6:26
27	5611	Jocelyn Hiebert	32:26	6:30
28	5254	Krista Molloy	32:29	6:30
29	5316	Michelle Nanka	32:38	6:32
30	5452	Aurelie Joly	32:49	6:34
31	5192	Robyn Henry	33:12	6:39
32	5238	Shanna Shaw	33:16	6:40
33	5086	Jaime Mann	33:20	6:40
34	5336	Cheryl Hooper	34:57	7:00
35	5460	Heather Locke-Farrell	35:05	7:01
36	5037	Anna Koss	35:10	7:02
37	5397	Tammy Gies	35:14	7:03
38	5385	Lyndy Coleman	35:15	7:03
39	5250	Jessica Ammeter	35:26	7:06
40	5291	Charlotte Price	35:28	7:06
41	5305	Kimberley Tkachuk	35:28	7:06
42	5025	Crystal Kardynal	36:17	7:16
43	5279	Debra Riddell	36:24	7:17
44	5356	Alissa Clark	36:36	7:20
45	5384	Tricia Banville	36:48	7:22
46	5184	Shannon Coates	36:56	7:24
47	5187	Tanya Girouard-Stringer	37:18	7:28
48	5518	Alena Jackson	37:26	7:30
49	5154	Kim McConnell	37:51	7:35
50	5126	Erin Lemay	38:07	7:38
51	5014	Courtney Hanwell	38:40	7:44
52	5419	Shannon O'Keefe	41:59	8:24
53	5003	Catherine Dashnay	42:55	8:35
54	5432	Kate Hodgins	43:08	8:38
55	5329	Margaret Fjeldsted	44:00	8:48
56	5261	Cristy Wallace	44:02	8:49
57	5265	Lauren McNabb	45:07	9:02
58	5382	Allison Bell	45:37	9:08
59	5204	Katie Howe	46:37	9:20
60	5077	Anna Herrera	46:43	9:21
61	5074	Daisy Monte	47:10	9:26
62	5296	Jenn Dent	50:14	10:03
63	5217	Ahlea Chassie	50:43	10:09
64	5067	Erin McKendry	51:27	10:18
65	5107	Heather Caners	52:37	10:32
66	5370	Kim Bedona Padua	52:55	10:35
67	5533	Kathleen Bluesky	54:41	10:57
68	5125	Cassie Fines	58:17	11:40
69	5123	Kirstin Erickson	58:17	11:40
70	5180	Leanne Wasnie	58:27	11:42
71	5108	Maryann Ferris	58:41	11:45
72	5525	Andrea Johnston	59:48	11:58
73	5555	Margaret Williams	1:01:41	12:21

Women 40-44 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5043	Marie Roberts			24:36	4:56
2	5008	Lisa Misyk			26:00	5:12
3	5165	Fiorina Pasquarelli			28:07	5:38
4	5547	Colleen Bready			28:18	5:40
5	5048	Kelley Boissonneault			28:26	5:42
6	5499	Carma Masson			29:34	5:55
7	5340	Cathy Gravelines			30:03	6:01
8	5450	Cheryl Andersen			30:12	6:03
9	994	Amanda Debreuil			30:43	6:09
10	5330	Anya Kelman			30:51	6:11
11	5162	Maryanne Hembroff			30:55	6:11

12	5166	Karen Palaniuk	31:01	6:13
13	5032	Ilana Abrams	31:04	6:13
14	5244	Janesca Kydd	31:24	6:17
15	5447	Kathy Kerr	33:08	6:38
16	5006	Darcie Munday	33:12	6:39
17	5016	Kim Firth	33:13	6:39
18	5363	Cara Harland	33:27	6:42
19	5294	Dana Sirrell	34:00	6:48
20	5034	Rebecca Spriggs	34:03	6:49
21	5508	Angela Switzer	34:45	6:57
22	5442	Salene Turner	34:51	6:59
23	5373	Colleen Hulkewych	35:14	7:03
24	5410	Tracy Hughes	35:21	7:05
25	5564	Joelle Boisvert	36:05	7:13
26	5458	Binh Nguyen	36:05	7:13
27	5610	Cindy Kalansky	36:14	7:15
28	5413	Krista Semenchuk	36:24	7:17
29	5076	Alana Duncan	36:31	7:19
30	5158	Camilla Freeman	37:57	7:36
31	5157	Karen Cummings	37:58	7:36
32	5230	Teresa Hiebert	38:45	7:45
33	5139	Marcy Dubois	38:56	7:48
34	5140	Shalee Ladell	39:11	7:51
35	5297	Nicole Stoddart	40:00	8:00
36	5453	Brandy Elliott	40:08	8:02
37	5318	Stacey Hewitt	40:11	8:03
38	5114	Christine Doucette	40:50	8:10
39	5534	Selena Kern	42:15	8:27
40	5542	Marina Stamatis	42:43	8:33
41	5608	Tanya Penner	42:50	8:34
42	5519	Laurel Cardy	43:04	8:37
43	5052	Irene Wasilewski	43:23	8:41
44	5406	Laurie Tosh	43:49	8:46
45	5163	Shelly Wilson	43:57	8:48
46	5235	Teena Spooner	44:12	8:51
47	5111	Naomi Johnson	44:22	8:53
48	5041	Kristine Petrasko	45:23	9:05
49	5055	Michelle Roch	46:21	9:17
50	5110	Ann Bautista	46:22	9:17
51	5119	Michelle Vellam	48:20	9:40
52	5584	Tamara Gillam	49:34	9:55
53	5002	Irene Schneider	49:50	9:58
54	5258	Anna Janzen	50:20	10:04
55	5451	Lindsay Storey-Illiffe	50:42	10:09
56	5521	Pamela Rosen	50:43	10:09
57	5159	Ruwani Vanderwert	50:54	10:11
58	5239	Jennifer Paszkat	52:44	10:33
59	5214	Kathy Richen	55:31	11:07
60	5196	Tammy Koszna	57:03	11:25
61	5438	April Shimkoff	57:56	11:36
62	5391	Denise Coutu	58:45	11:45
63	5520	Lori Walkow	59:45	11:57
64	5481	Lisa Nault	1:02:34	12:31

Women 45-49 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
1	5040	Kerri Drosdowech			25:13	5:03
2	5532	Ila Haddow			28:33	5:43
3	5374	Debbie Lyttle			28:38	5:44
4	5372	Jodi Harder			30:00	6:00
5	5317	Janine Fraser			31:01	6:13
6	5026	Cheryl Purll			32:39	6:32
7	5169	Teresa Harris			32:54	6:35
8	5358	Janet Rosin			32:59	6:36
9	5035	Nathalie Veillette			33:10	6:38
10	5213	Leah Magel			33:12	6:39
11	5605	Brenda Frogg			34:39	6:56
12	5463	Jerilyn Kasprick			34:57	7:00

13	5538	Georgette Jhass			35:25	7:05
14	5023	Paula Kreitz			35:35	7:07
15	5367	Kerry Zakowich			36:25	7:17
16	5063	Tracie Goertzen			36:52	7:23
17	5266	Karen Stemarie			36:59	7:24
18	118	Alison Nolet			37:24	7:29
19	5393	Darcy Force			38:55	7:47
20	5286	Jennifer Savoie			39:04	7:49
21	5236	Katrina Choquette			39:14	7:51
22	5198	Brenda Caren			39:43	7:57
23	5612	Liliana Ardiles			39:47	7:58
24	5050	Wilma Fehr			40:19	8:04
25	5446	Melanie Penner			42:13	8:27
26	5541	Leann Mastin			44:02	8:49
27	5418	Kathleen Clouston			46:35	9:19
28	5421	Linda Kavitch			47:39	9:32
29	5491	Ayn Wilcox			47:39	9:32
30	5118	Kim Onagi			48:17	9:40
31	5424	Tracy Bijl			52:37	10:32
32	5366	Lori Anderson			55:40	11:08
33	5546	Rhonda Frias			55:47	11:10
34	5523	Laureen Janzen			56:34	11:19
35	5444	Kerri Caldwell			56:35	11:19
36	5306	Laura Kupfer			59:39	11:56
37	5614	Barb McBride			1:02:35	12:31
38	5357	Christy Martin			1:06:42	13:21
39	5304	Jennifer Godard			1:06:42	13:21

Women 50-54 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
=====	=====	=====	=====	=====	=====	=====
1	5327	Danette Crevier			28:57	5:48
2	5405	Karen Lovetri			29:20	5:52
3	5161	Sheila Fukumura			32:00	6:24
4	5138	Sue Ward			32:42	6:33
5	5232	Donnalee Plante			33:02	6:37
6	5319	Colleen Boyer			34:26	6:54
7	5502	Jane McCarvill			35:56	7:12
8	5616	Lori Ulrich			35:58	7:12
9	5064	Lorie Derado			36:53	7:23
10	5537	Elizabeth Palmer			38:01	7:37
11	5062	Kari Horyshen			39:03	7:49
12	5082	Karen McCowan			39:27	7:54
13	5282	Sandy McIntosh			39:42	7:57
14	5475	Susan Cook			41:02	8:13
15	5237	Barbara Fletcher			41:43	8:21
16	5243	Eileen Klassen			42:11	8:27
17	5009	Ginny Goebel			42:38	8:32
18	5314	Lori Sigurdson			46:25	9:17
19	5530	Darcie Lemieux			47:59	9:36
20	5103	Linda McClusky			49:09	9:50
21	5578	Margaret Beardy			49:21	9:53
22	5024	Wanda Tickner			49:49	9:58
23	5182	Linda Cizik			51:52	10:23
24	5400	Lia Baksina			53:32	10:43
25	5509	Elizabeth Palmer			54:16	10:52
26	5242	Jennifer Bartel			54:34	10:55
27	5127	Deborah Sweeney			55:42	11:09
28	5256	Darby Desjardins			56:38	11:20
29	5550	Monique Lussier			58:32	11:43
30	5549	Sharon Denis			58:37	11:44
31	5222	Gillian Friesen			1:02:21	12:29

Women 55-59 Age Group Results

Place	Numb	Competitor	City	City	Time	Pace
=====	=====	=====	=====	=====	=====	=====
1	349	Cindy Parker-Rentz			30:52	6:11

