

# MEC RACE #2 - 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	GARRY NIX	WINNIPEG, MB	RUNNER	2539	00:19:42.23	3:56/k	15.2kph	M	33	
2	BRYAN FOSTY	WINNIPEG, MB	RUNNER	2477	00:20:42.30	4:08/k	14.5kph	M	31	
3	GORDON FLETT	WINNIPEG, MB	RUNNER	2475	00:21:15.25	4:15/k	14.1kph	M	57	
4	ANDRIY MICHALCHYSHYW	WINNIPEG, MB	RUNNER	2529	00:21:16.63	4:15/k	14.1kph	M	33	
5	GLEN NIVET	WINNIPEG, MB	RUNNER	2538	00:21:51.07	4:22/k	13.7kph	M	56	
6	CAROLYN REMPEL	WINNIPEG,	RUNNER	2562	00:22:19.05	4:28/k	13.4kph	F	48	
7	GERT KRIEL	WINNIPEG, MB	RUNNER	2506	00:22:20.78	4:28/k	13.4kph	M	34	
8	ANDREW WILLMS	WINNIPEG, MB	RUNNER	2913	00:22:36.40	4:31/k	13.3kph	M	41	
9	CHRISTINA HUNT	WINNIPEG, MB	RUNNER	2494	00:22:47.83	4:33/k	13.2kph	F	23	
10	GEORGE STEWART	PRIVATE, MB	RUNNER	2595	00:22:59.19	4:36/k	13.1kph	M	58	
11	FERNIE CONRAD	WINNIPEG, MB	RUNNER	2444	00:23:27.16	4:41/k	12.8kph	M	43	
12	MICHAEL THOMPSON	MB, CAN	RUNNER	2930	00:23:37.04	4:43/k	12.7kph	M	0	
13	IAN BRISCOE	WINNIPEG, MB	RUNNER	2425	00:23:39.71	4:44/k	12.7kph	M	39	
14	AIMEE VANDALE	WINNIPEG, MB	RUNNER	2906	00:24:24.49	4:53/k	12.3kph	F	38	
15	COLIN NAULT	STE. ANNE, MB	RUNNER	2535	00:24:40.06	4:56/k	12.2kph	M	47	
16	COLIN HILDING	WINNIPEG, MB	RUNNER	2492	00:24:57.89	4:59/k	12.0kph	M	36	
17	MICHAEL FENN	WINNIPEG, MB	RUNNER	2471	00:25:44.53	5:09/k	11.7kph	M	41	
18	JAMIE BERNARD	WINNIPEG, MB	RUNNER	2418	00:25:45.02	5:09/k	11.7kph	F	34	
19	CHRISTINE RICHARDSON	WINNIPEG, MB	RUNNER	2565	00:25:49.85	5:10/k	11.6kph	F	27	
20	KRISTINA PROCYK	WINNIPEG, MB	RUNNER	2555	00:26:09.34	5:14/k	11.5kph	F	29	
21	LINDSAY HYMAN	WINNIPEG, MB	RUNNER	2495	00:26:50.80	5:22/k	11.2kph	F	40	
22	DANIELLE PAHUD	MB, CAN	RUNNER	2928	00:27:04.78	5:25/k	11.1kph	F	0	
23	BREANNE PLETT	STEINBACH, MB	RUNNER	2553	00:27:12.76	5:26/k	11.0kph	F	23	
24	CONNOR DERRAUGH	WINNIPEG, MB	RUNNER	2453	00:27:12.76	5:26/k	11.0kph	M	21	
25	NATALIE FENN	WINNIPEG, MB	RUNNER	2472	00:27:17.98	5:27/k	11.0kph	F	32	
26	LANDON PINETTE	WINNIPEG, MB	RUNNER	2551	00:27:24.82	5:29/k	10.9kph	M	8	
27	GERALD DIELEMAN	WINNIPEG, MB	RUNNER	2456	00:27:27.49	5:29/k	10.9kph	M	41	
28	HEATHER MCCREA	WINNIPEG, MB	RUNNER	2524	00:27:28.47	5:30/k	10.9kph	F	26	
29	JENNIFER CASEY	WINNIPEG, MB	RUNNER	2436	00:27:40.11	5:32/k	10.8kph	F	24	
30	SARAH DOBIE	WINNIPEG, MB	RUNNER	2458	00:27:47.40	5:33/k	10.8kph	F	25	
31	ALLISON ST GODARD	STEINBACH, MB	RUNNER	2593	00:27:47.60	5:33/k	10.8kph	F	27	
32	NICOLE WILSON	EAST ST PAUL, MB	RUNNER	2915	00:27:49.81	5:34/k	10.8kph	F	24	
33	TANYA COTE	PORTAGE LA PRAIRIE, MB	RUNNER	2445	00:27:53.42	5:35/k	10.8kph	F	45	
34	ANGIE ENNS	WINNIPEG, MB	RUNNER	2467	00:27:59.03	5:36/k	10.7kph	F	35	
35	MARK CHAN	WINNIPEG, MB	RUNNER	2439	00:28:11.30	5:38/k	10.6kph	M	35	
36	KANEENA VANSTONE	WINNIPEG, MB	RUNNER	2907	00:28:19.72	5:40/k	10.6kph	F	35	
37	LORI DERRAUGH	WINNIPEG, MB	RUNNER	2452	00:28:36.83	5:43/k	10.5kph	F	58	
38	MEAGHAN SMITH	WINNIPEG, MB	RUNNER	2585	00:28:38.32	5:44/k	10.5kph	F	15	
39	GABRIELLE DERRAUGH	WINNIPEG, MB	RUNNER	2454	00:28:40.42	5:44/k	10.5kph	F	28	
40	KIM WONG	WINNIPEG, MB	RUNNER	2918	00:28:45.34	5:45/k	10.4kph	F	49	
41	LISE HAMILTON	WINNIPEG, MB	RUNNER	2485	00:28:58.61	5:48/k	10.4kph	F	30	
42	SANDRA BAINS	WINNIPEG, MB	RUNNER	2407	00:28:59.12	5:48/k	10.4kph	F	44	
43	VICTORIA BERGEN	WINNIPEG, MB	RUNNER	2417	00:29:05.18	5:49/k	10.3kph	F	26	
44	FENELLA MCLAREN	WINNIPEG, MB	RUNNER	2525	00:29:08.04	5:50/k	10.3kph	F	51	
45	DEE BARSY	WINNIPEG, MB	RUNNER	2412	00:29:14.30	5:51/k	10.3kph	F	30	
46	GLYNNIS EYFORD	EAST ST PAUL,	RUNNER	2433	00:29:16.12	5:51/k	10.3kph	F	24	
47	EMILY CAMPBELL	WINNIPEG, MB	RUNNER	2434	00:29:16.72	5:51/k	10.3kph	F	24	
48	JADEN DELA CRUZ	WINNIPEG, MB	RUNNER	2450	00:29:18.68	5:52/k	10.2kph	M	12	
49	KELBY LOEPPKY	MORDEN, MB	RUNNER	2516	00:29:22.10	5:52/k	10.2kph	F	23	
50	GERALD J. LAGARDE	WINNIPEG, MB	RUNNER	2508	00:29:29.67	5:54/k	10.2kph	M	29	
51	AMBER BEARDY	STEINBACH, MB	RUNNER	2414	00:29:32.75	5:54/k	10.2kph	F	16	
52	CATHARINE BEATTIE	WINNIPEG, MB	RUNNER	2415	00:29:33.20	5:55/k	10.2kph	F	42	
53	AUDREY PINETTE	WINNIPEG, MB	RUNNER	2550	00:29:48.35	5:58/k	10.1kph	F	33	
54	ILANA ABRAMS	WINNIPEG, MB	RUNNER	2402	00:30:01.07	6:00/k	10.0kph	F	40	
55	GRANT HEATHER	STONY MOUNTAIN, MB	RUNNER	2488	00:30:06.45	6:01/k	10.0kph	M	39	
56	EMILY KEIJZER	WINNIPEG, MB	RUNNER	2498	00:30:11.88	6:02/k	9.9kph	F	24	

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57	CARA NICHOLS	MB, CAN	RUNNER	2927	00:30:19.09	6:04/k	9.9kph	F	0	
58	ASHLEY WOODS	WINNIPEG, MB	RUNNER	2919	00:30:25.01	6:05/k	9.9kph	F	29	
59	LIN-P'ING CHOO-SMITH	WINNIPEG, MB	RUNNER	2440	00:30:30.59	6:06/k	9.8kph	F	48	
60	JANET YOUNG	WINNIPEG, MB	RUNNER	2922	00:31:01.58	6:12/k	9.7kph	F	28	
61	JOELLE BOILEAU	WINNIPEG, MB	RUNNER	2421	00:31:21.02	6:16/k	9.6kph	F	27	
62	KARI RIEGER	WINNIPEG, MB	RUNNER	2566	00:31:30.67	6:18/k	9.5kph	F	42	
63	JOHN BATIUK	WINNIPEG, MB	RUNNER	2413	00:31:34.50	6:19/k	9.5kph	M	48	
64	DEIRDRE ZEBROWSKI	STE. ANNE, MB	RUNNER	2924	00:31:38.59	6:20/k	9.5kph	F	45	
65	DIANE TAMAYO	WINNIPEG, MB	RUNNER	2596	00:31:40.74	6:20/k	9.5kph	F	34	
66	SUZANNE KETCHESON	WEST ST PAUL, MB	RUNNER	2499	00:31:45.44	6:21/k	9.4kph	F	51	
67	CRYSTAL RINGACH	WINNIPEG, MB	RUNNER	2567	00:31:45.69	6:21/k	9.4kph	F	36	
68	AUDREY CANDELARIA	WINNIPEG,	RUNNER	2435	00:31:53.16	6:23/k	9.4kph	F	29	
69	KIMBERLY KOVERZIN	WINNIPEG, MB	RUNNER	2504	00:31:58.05	6:24/k	9.4kph	F	26	
70	JAMIE HILDING	WINNIPEG, MB	RUNNER	2491	00:32:07.93	6:25/k	9.3kph	F	28	
71	TYLER REMPEL	WINNIPEG, MB	RUNNER	2564	00:32:20.32	6:28/k	9.3kph	M	30	
72	ELIZABETH ERICKSON	WINNIPEG, MB	RUNNER	2468	00:32:39.25	6:32/k	9.2kph	F	46	
73	ERICA ENG	WINNIPEG, MB	RUNNER	2465	00:32:40.60	6:32/k	9.2kph	F	32	
74	LEAH ERUM	WINNIPEG, MB	RUNNER	2469	00:32:49.39	6:34/k	9.1kph	F	38	
75	CHANTAL BROWN	WINNIPEG, MB	RUNNER	2427	00:32:53.98	6:35/k	9.1kph	F	39	
76	BRENDA CALDER	WINNIPEG,	RUNNER	2936	00:32:54.14	6:35/k	9.1kph	F	37	
77	ALISA MAYBERRY	WINNIPEG, MB	RUNNER	2401	00:32:58.70	6:36/k	9.1kph	F	32	
78	DARWIN HUDSON	WINNIPEG, MB	RUNNER	2493	00:33:01.05	6:36/k	9.1kph	M	34	
79	KIMBERLY MADSEN	WINNIPEG, MB	RUNNER	2518	00:33:09.59	6:38/k	9.0kph	F	29	
80	KATHLEEN MCLEAN	WINNIPEG, MB	RUNNER	2527	00:33:09.71	6:38/k	9.0kph	F	28	
81	CHERYL PURLL	WINNIPEG, MB	RUNNER	2558	00:33:12.41	6:38/k	9.0kph	F	46	
82	IANA UMALI	WINNIPEG, MB	RUNNER	2902	00:33:14.92	6:39/k	9.0kph	F	25	
83	CALI ORSULAK	WINNIPEG, MB	RUNNER	2540	00:33:15.97	6:39/k	9.0kph	F	41	
84	SHERRI VAUTOUR	STONY MOUNTAIN, MB	RUNNER	2908	00:33:17.53	6:39/k	9.0kph	F	44	
85	BRITTANY LAGASSE	WINNIPEG,	RUNNER	2509	00:33:20.35	6:40/k	9kph	F	31	
86	JENNIFER ALI	WINNIPEG, MB	RUNNER	2403	00:33:23.26	6:41/k	9.0kph	F	99	
87	JENNIFER FRIESS	WINNIPEG, MB	RUNNER	2480	00:33:24.60	6:41/k	9.0kph	F	27	
88	ASHLEY WILLIAMS	OAKVILLE, MB	RUNNER	2912	00:33:24.71	6:41/k	9.0kph	F	28	
89	FERNANDA CEPEDA	MB, CAN	RUNNER	2934	00:33:26.51	6:41/k	9.0kph	F	0	
90	HEATHER MIDDLETON	WINNIPEG, MB	RUNNER	2530	00:33:27.26	6:41/k	9.0kph	F	39	
91	MELANIE BRISCOE	WINNIPEG, MB	RUNNER	2426	00:33:38.90	6:44/k	8.9kph	F	38	
92	SANDRA ROBINSON	WINNIPEG,	RUNNER	2569	00:33:57.80	6:47/k	8.8kph	F	59	
93	ELIZABETH KOZORIZ	WINNIPEG, MB	RUNNER	2505	00:34:00.53	6:48/k	8.8kph	F	62	
94	TIM RAFTER	WINNIPEG, MB	RUNNER	2559	00:34:04.91	6:49/k	8.8kph	M	62	
95	JOEL MABON	WINNIPEG, MB	RUNNER	2517	00:34:11.32	6:50/k	8.8kph	M	37	
96	KARIN ROSS	WINNIPEG, MB	RUNNER	2573	00:34:15.02	6:51/k	8.8kph	F	44	
97	DANA ROBINSON	WOODLANDS, MB	RUNNER	2570	00:34:17.33	6:51/k	8.8kph	F	27	
98	CASSANDRA KALYNIUK	WINNIPEG,	RUNNER	2497	00:34:27.58	6:53/k	8.7kph	F	26	
99	ARI PHANLOUVONG	WINNIPEG, MB	RUNNER	2548	00:34:36.04	6:55/k	8.7kph	F	26	
100	JADE PARKES	WINNIPEG, MB	RUNNER	2543	00:34:37.66	6:55/k	8.7kph	M	99	
101	ANASTASIA LEVINTA	MB, CAN	RUNNER	2931	00:34:37.88	6:55/k	8.7kph	F	0	
102	LAUREN ST. VINCENT	WINNIPEG, MB	RUNNER	2594	00:34:52.39	6:58/k	8.6kph	F	24	
103	TRICIA MAGNUSON	WINNIPEG,	RUNNER	2519	00:34:58.26	7:00/k	8.6kph	F	42	
104	KAREN SAWATZKY	WINNIPEG, MB	RUNNER	2577	00:34:58.77	7:00/k	8.6kph	F	55	
105	JENNIFER THOMSON	BLUMENORT, MB	RUNNER	2901	00:35:10.87	7:02/k	8.5kph	F	36	
106	ASHLEIGH MARCHENKO	WINNIPEG, MB	RUNNER	2520	00:35:29.63	7:06/k	8.5kph	F	28	
107	CARLY MCNEILL	WINNIPEG, MB	RUNNER	2528	00:35:40.61	7:08/k	8.4kph	F	30	
108	LISA BAKER	HEADINGLEY,	RUNNER	2409	00:35:46.02	7:09/k	8.4kph	F	42	
109	ANGELA GAUTHIER	MB, CAN	RUNNER	2935	00:36:06.61	7:13/k	8.3kph	F	0	
110	JANET PETERS	WINNIPEG, MB	RUNNER	2546	00:36:16.23	7:15/k	8.3kph	F	41	
111	EVELYN BARRY	WINNIPEG, MB	RUNNER	2411	00:36:21.16	7:16/k	8.3kph	F	43	
112	ANDREA DIETRICH	WINNIPEG, MB	RUNNER	2457	00:36:27.89	7:17/k	8.2kph	F	34	

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113	EMILY GEORGE	WINNIPEG, MB	RUNNER	2481	00:36:28.06	7:18/k	8.2kph	F	32	
114	KYLA RAY	WINNIPEG, MB	RUNNER	2560	00:36:28.29	7:18/k	8.2kph	F	39	
115	ALEXIS DEVITO	WINNIPEG, MB	RUNNER	2455	00:37:00.72	7:24/k	8.1kph	F	35	
116	BRENNA MOORE	WINNIPEG, MB	RUNNER	2532	00:37:04.97	7:25/k	8.1kph	F	29	
117	CORRIE BALAS	WINNIPEG,	RUNNER	2408	00:37:19.58	7:28/k	8.0kph	F	39	
118	JONATHAN DELA CRUZ	WINNIPEG, MB	RUNNER	2448	00:37:34.61	7:31/k	8.0kph	M	43	
119	KEONA DELA CRUZ	WINNIPEG, MB	RUNNER	2449	00:37:35.25	7:31/k	8.0kph	F	13	
120	JANEY ORTILLA	WINNIPEG, MB	RUNNER	2541	00:37:36.18	7:31/k	8.0kph	F	37	
121	DENISE FERREIRA	WINNIPEG, MB	RUNNER	2473	00:37:49.59	7:34/k	7.9kph	F	43	
122	LINDSEY LAMBOO	WINNIPEG, MB	RUNNER	2510	00:38:23.31	7:41/k	7.8kph	F	27	
123	TANIS THOMPSON	WINNIPEG, MB	RUNNER	2599	00:38:36.54	7:43/k	7.8kph	F	34	
124	RYLAN THOMPSON	WINNIPEG, MB	RUNNER	2600	00:38:36.84	7:43/k	7.8kph	M	7	
125	TAMARA UMINSKI	MB, CAN	RUNNER	2937	00:38:41.92	7:44/k	7.8kph	F	0	
126	ANGELA SHANK	WINNIPEG, MB	RUNNER	2580	00:38:47.91	7:45/k	7.7kph	F	29	
127	DEBBIE POPOVIC	WINNIPEG,	RUNNER	2554	00:38:54.15	7:47/k	7.7kph	F	64	
128	STACEY MATSUMOTO	WINNIPEG, MB	RUNNER	2522	00:40:07.40	8:01/k	7.5kph	F	32	
129	ELOISE FREITAS	WINNIPEG, MB	RUNNER	2479	00:40:15.78	8:03/k	7.5kph	F	44	
130	AMANDA LI	WINNIPEG, MB	RUNNER	2515	00:42:12.67	8:26/k	7.1kph	F	25	
131	HENRY CORTES	MB, CAN	RUNNER	2926	00:42:46.93	8:33/k	7.0kph	M	0	
132	MARIDEL MARGELINO	WINNIPEG, MB	RUNNER	2521	00:43:05.47	8:37/k	7.0kph	F	35	
133	SHERI HEATHER	STONY MOUNTAIN, MB	RUNNER	2489	00:43:31.20	8:42/k	6.9kph	F	36	
134	JAEDA PRODUNIUK	MB, CAN	RUNNER	2932	00:44:06.63	8:49/k	6.8kph	F	0	
135	AMANDA WOODS	WINNIPEG, MB	RUNNER	2920	00:44:06.87	8:49/k	6.8kph	F	36	
136	MELINDA FOWLER	WINNIPEG,	RUNNER	2478	00:44:07.06	8:49/k	6.8kph	F	37	
137	PAULETTE LAFLEUR	WINNIPEG, MB	RUNNER	2507	00:44:09.26	8:50/k	6.8kph	F	47	
138	CONNOR NICHOLS	MB, CAN	RUNNER	2938	00:44:36.62	8:55/k	6.7kph	M	0	
139	EVAN HAY	MB, CAN	RUNNER	2939	00:44:37.24	8:55/k	6.7kph	M	0	
140	STACEY HAY	WINNIPEG, MB	RUNNER	2487	00:44:47.08	8:57/k	6.7kph	F	37	
141	STEWART WAKEMAN	WINNIPEG, MB	RUNNER	2909	00:51:13.96	10:15/k	5.9kph	M	60	
142	KATI BUDGELL	WINNIPEG, MB	RUNNER	2428	00:56:02.90	11:12/k	5.4kph	F	32	
143	ALLAN REDMAN	CALGARY, MB	RUNNER	2561	00:56:11.10	11:14/k	5.3kph	M	35	
144	TRACY PTAK	WINNIPEG, MB	RUNNER	2557	01:10:13.93	14:03/k	4.3kph	F	55	
145	ELLIE PAHUD	MB, CAN	RUNNER	2929	01:24:43.30	16:57/k	3.5kph	F	0	