

MEC Race #2 - 10K

Overall Male Runner 18 & Under

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1895	Peter Mierau	00:52:59.82		Runner	Winnipeg, MB	5:18/K	11.3kph	53	17	
2.	1816	YESUNG HAN	00:53:01.82		Runner	Winnipeg, MB	5:18/K	11.3kph	55	16	
3.	1769	Easton Dick	00:54:47.17		Runner	Landmark, MB	5:29/K	11.0kph	71	11	

Overall Female Runner 18 & Under

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7109	Christine Oakley	00:51:26.92		Runner	Winnipeg, MB	5:09/K	11.7kph	43	15	
2.	1850	Nina Klein La Berge	00:51:41.71		Runner	Winnipeg, MB	5:10/K	11.6kph	45	11	
3.	1819	Danika Harland	01:10:19.56		Runner	Winnipeg, MB	7:02/K	8.5kph	166	16	

Male 19 + Overall

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7187	Graeme Young	00:38:17.44		Runner	Winnipeg, MB	3:50/K	15.7kph	1	31	
2.	1763	Tyler Derraugh	00:39:06.63		Runner	Winnipeg, MB	3:55/K	15.3kph	2	30	
3.	1808	Evan Graham	00:40:55.08		Runner	Winnipeg, MB	4:06/K	14.7kph	3	27	

Female 19 + Overall

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1858	Arielle Lambert	00:43:56.07		Runner	winnipeg, MB	4:24/K	13.7kph	7	25	
2.	1828	Kirsten Hooper	00:46:18.85		Runner	St. Andrews, MB	4:38/K	13.0kph	16	21	
3.	1762	Elizabeth Derraugh	00:47:44.27		Runner	Winnipeg, MB	4:46/K	12.6kph	19	26	

Male 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1769	Easton Dick	00:54:47.17		Runner	Landmark, MB	5:29/K	11.0kph	71	11	
2.	1834	Erik Jackimec	00:54:56.71		Runner	Winnipeg, MB	5:30/K	10.9kph	74	14	

Female 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1850	Nina Klein La Berge	00:51:41.71		Runner	Winnipeg, MB	5:10/K	11.6kph	45	11	

Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7109	Christine Oakley	00:51:26.92		Runner	Winnipeg, MB	5:09/K	11.7kph	43	15	
2.	1711	Signy Baragar	01:01:16.26		Runner	Winnipeg, MB	6:08/K	9.8kph	118	19	
3.	1819	Danika Harland	01:10:19.56		Runner	Winnipeg, MB	7:02/K	8.5kph	166	16	

Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1895	Peter Mierau	00:52:59.82		Runner	Winnipeg, MB	5:18/K	11.3kph	53	17	
2.	1816	YESUNG HAN	00:53:01.82		Runner	Winnipeg, MB	5:18/K	11.3kph	55	16	
3.	1768	Dawson Dick	00:55:42.61		Runner	Landmark, MB	5:34/K	10.8kph	83	15	

Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1828	Kirsten Hooper	00:46:18.85		Runner	St. Andrews, MB	4:38/K	13.0kph	16	21	

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2.	1727	Sarah Boila	00:48:02.01	Runner	Winnipeg, MB	4:48/K	12.5kph	22	24
3.	1746	Danielle Comeau	00:50:02.93	Runner	East St. Paul, MB	5:00/K	12.0kph	32	21
4.	7108	Jamie oakley	00:51:26.98	Runner	Winnipeg, MB	5:09/K	11.7kph	44	23
5.	1780	Jamie Dupasquier	00:55:22.80	Runner	Winnipeg, MB	5:32/K	10.8kph	78	22
6.	1876	Jamie Mann	00:57:52.29	Runner	Winnipeg, MB	5:47/K	10.4kph	97	22
7.	1712	Brigitte Baragar	01:01:16.21	Runner	Winnipeg, MB	6:08/K	9.8kph	117	24
8.	7156	Maureen Sutherland	01:06:40.79	Runner	Winnipeg, MB	6:40/K	9kph	150	24
9.	1859	Janelle Landry	01:07:37.57	Runner	Winnipeg, MB	6:46/K	8.9kph	155	24

Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1806	Darcy Gosek	00:45:22.10		Runner	Winnipeg, MB	4:32/K	13.2kph	10	20	
2.	1715	Devyn Bartel	00:46:08.72		Runner	Steinbach, MB	4:37/K	13.0kph	15	22	
3.	1705	Mark Alward	00:51:43.49		Runner	Winnipeg, MB	5:10/K	11.6kph	46	23	
4.	1870	Gaston Lopez Ficher	00:59:40.03		Runner	Winnipeg, MB	5:58/K	10.1kph	108	23	

Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1858	Arielle Lambert	00:43:56.07		Runner	winnipeg, MB	4:24/K	13.7kph	7	25	
2.	1762	Elizabeth Derraugh	00:47:44.27		Runner	Winnipeg, MB	4:46/K	12.6kph	19	26	
3.	1779	Michelle Duncan	00:48:52.32		Runner	Winnipeg, MB	4:53/K	12.3kph	26	27	
4.	1884	Kayla McDonald	00:50:23.47		Runner	West St Paul, MB	5:02/K	11.9kph	34	26	
5.	7181	Nicole Wiens	00:51:22.78		Runner	Winnipeg, MB	5:08/K	11.7kph	42	26	
6.	7154	Dominique St-Hilaire	00:52:20.89		Runner	Winnipeg, MB	5:14/K	11.5kph	49	27	
7.	1820	Lindsay Harrington	00:54:21.81		Runner	Lockport, MB	5:26/K	11.0kph	67	27	
8.	1772	Meagan Doherty	00:57:19.51		Runner	Winnipeg, MB	5:44/K	10.5kph	94	26	
9.	1740	Anastasia Charles	00:58:19.21		Runner	Winnipeg, MB	5:50/K	10.3kph	99	29	
10.	7192	Dana Graham	00:58:29.23		Runner	Winnipeg, MB	5:51/K	10.3kph	100	25	
11.	1865	Meghan Lemoine	00:58:46.32		Runner	Grande Pointe, MB	5:53/K	10.2kph	101	26	
12.	7128	Kaitlin Rempel	00:58:54.61		Runner	Winnipeg, MB	5:53/K	10.2kph	103	29	
13.	7163	Carolyn Townend	01:00:30.47		Runner	Winnipeg, MB	6:03/K	9.9kph	113	28	
14.	1730	Kassy Bouchard	01:01:21.28		Runner	Winnipeg, MB	6:08/K	9.8kph	121	28	
15.	7127	Danae Reimer	01:03:50.59		Runner	Winnipeg, MB	6:23/K	9.4kph	131	27	
16.	1703	Allyson Alcudia	01:06:32.47		Runner	Winnipeg, MB	6:39/K	9.0kph	148	29	
17.	1814	Tove Hall	01:06:32.85		Runner	Winnipeg, MB	6:39/K	9.0kph	149	29	
18.	7190	Sarah Lund	01:07:26.51		Runner	Winnipeg, MB	6:45/K	8.9kph	154	28	
19.	1802	Lidet Getachew	01:07:37.68		Runner	Winnipeg, MB	6:46/K	8.9kph	156	25	
20.	1888	Meghan McOmber	01:09:05.13		Runner	Winnipeg, MB	6:54/K	8.7kph	161	29	
21.	1720	Melissa Beaudry	01:09:29.59		Runner	Winnipeg, MB	6:57/K	8.6kph	163	29	
22.	1757	Lauren Cunningham	01:11:05.54		Runner	Winnipeg, MB	7:06/K	8.4kph	169	28	
23.	7120	Kelsey Petersen	01:11:16.38		Runner	Winnipeg, MB	7:08/K	8.4kph	171	27	
24.	1777	Samantha Duguid	01:12:39.19		Runner	Winnipeg, MB	7:16/K	8.3kph	179	28	
25.	1857	Kristy Lacroix	01:12:39.42		Runner	Winnipeg, MB	7:16/K	8.3kph	180	28	
26.	7158	Kristie Taphorn	01:12:48.57		Runner	Winnipeg, MB	7:17/K	8.2kph	181	28	
27.	1783	Jan Ellein Erni	01:24:07.12		Runner	Winnipeg, MB	8:25/K	7.1kph	188	28	

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Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1808	Evan Graham	00:40:55.08		Runner	Winnipeg, MB	4:06/K	14.7kph	3	27	
2.	1799	Mikhail Gerylo	00:41:59.01		Runner	Winnipeg, MB	4:12/K	14.3kph	4	27	
3.	1824	colin heier	00:46:08.42		Runner	MITCHELL, MB	4:37/K	13.0kph	14	26	
4.	7107	Ted Oakley	00:46:41.17		Runner	Winnipeg, MB	4:40/K	12.9kph	17	25	
5.	1832	Blair Hunter	00:50:22.84		Runner	Winnipeg, MB	5:02/K	11.9kph	33	27	
6.	1856	Justin Kusyk	00:50:44.36		Runner	East st paul, MB	5:04/K	11.8kph	37	29	
7.	7191	Corey Lee	00:51:20.85		Runner	Winnipeg, MB	5:08/K	11.7kph	41	26	
8.	7139	oliver silastre	00:51:45.98		Runner	winnipeg, MB	5:10/K	11.6kph	47	29	
9.	1754	Mark Cruz	00:53:30.49		Runner	Winnipeg, MB	5:21/K	11.2kph	60	27	
10.	7102	Derek Myhre	01:00:17.76		Runner	Winnipeg, MB	6:02/K	10.0kph	110	27	
11.	7173	Daniel Van Benthem	01:04:07.37		Runner	Winnipeg, MB	6:25/K	9.4kph	134	25	
12.	1795	GIDEON GATPAYAT	01:04:22.44		Runner	WINNIPEG, MB	6:26/K	9.3kph	136	28	
13.	1800	Travis Gesell	01:04:58.35		Runner	Winnipeg, MB	6:30/K	9.2kph	140	28	
14.	7114	James Partaker	01:06:30.56		Runner	Winnipeg, MB	6:39/K	9.0kph	147	27	
15.	7115	Mitchell Partaker	01:13:31.31		Runner	Winnipeg, MB	7:21/K	8.2kph	183	27	
16.	1704	Moises Alfaro	01:15:31.81		Runner	Winnipeg, MB	7:33/K	7.9kph	185	28	

Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1735	Kalitha Budzinski	00:49:41.24		Runner	Toronto, MB	4:58/K	12.1kph	29	31	
2.	1765	Renee Desjardins	00:53:30.46		Runner	Winnipeg, MB	5:21/K	11.2kph	59	33	
3.	1825	Bryanne Hildebrandt	00:54:21.23		Runner	Winnipeg, MB	5:26/K	11.0kph	66	32	
4.	1734	Lesley Brown	00:54:46.37		Runner	Winnipeg, MB	5:29/K	11.0kph	69	31	
5.	1736	Lindsay Burns	00:55:33.21		Runner	Winnipeg Beach, MB	5:33/K	10.8kph	80	32	
6.	1789	Meredith Fraser	00:55:33.32		Runner	Winnipeg, MB	5:33/K	10.8kph	81	32	
7.	7104	Julie Navitka	00:56:14.28		Runner	Winnipeg, MB	5:37/K	10.7kph	86	33	
8.	1773	Reyna Domingo	00:58:59.92		Runner	Winnipeg, MB	5:54/K	10.2kph	105	33	
9.	1741	Sarah Chenard	00:59:17.62		Runner	Winnipeg, MB	5:56/K	10.1kph	107	33	
10.	7166	Sonja Tunovic	01:00:32.85		Runner	Winnipeg, MB	6:03/K	9.9kph	114	30	
11.	1771	Meagan Dlot	01:01:16.69		Runner	Winnipeg, MB	6:08/K	9.8kph	119	33	
12.	7123	Maya Radunz	01:01:18.81		Runner	Winnipeg, MB	6:08/K	9.8kph	120	32	
13.	1839	Lorissa Janzen	01:05:23.28		Runner	Niverville, MB	6:32/K	9.2kph	144	32	
14.	7180	ASHLEE WESELOWSKI	01:08:57.09		Runner	Winnipeg, MB	6:54/K	8.7kph	159	31	
15.	1885	Emma McGeough	01:09:00.21		Runner	Winnipeg, MB	6:54/K	8.7kph	160	32	
16.	7170	Erynn Unrau	01:11:10.78		Runner	Winnipeg, MB	7:07/K	8.4kph	170	30	
17.	7142	Melissa Skibinski	01:12:12.59		Runner	Narol, MB	7:13/K	8.3kph	175	34	
18.	7141	Lindsay Skibinski	01:12:12.66		Runner	Winnipeg, MB	7:13/K	8.3kph	176	33	
19.	1744	Elizabeth Chipilski	01:20:39.16		Runner	Winnipeg, MB	8:04/K	7.4kph	187	33	

Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7187	Graeme Young	00:38:17.44		Runner	Winnipeg, MB	3:50/K	15.7kph	1	31	
2.	1763	Tyler Derraugh	00:39:06.63		Runner	Winnipeg, MB	3:55/K	15.3kph	2	30	
3.	1818	Brendan Hargrave	00:49:54.68		Runner	Winnipeg, MB	4:59/K	12.0kph	30	31	

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4.	7177	Trent Vos	00:50:52.28		Runner	Winnipeg, MB	5:05/K	11.8kph	38	33
5.	1702	Edward Acuna	00:51:12.02		Runner	Winnipeg, MB	5:07/K	11.7kph	40	31
6.	7171	Dustin Unrau	00:52:32.35		Runner	Winnipeg, MB	5:15/K	11.4kph	51	30
7.	1726	Scott Bodner	00:56:21.97		Runner	Winnipeg, MB	5:38/K	10.6kph	87	30
8.	7176	Oleksiy Vasylyuk	01:05:10.09		Runner	Winnipeg, MB	6:31/K	9.2kph	143	34

Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7136	Christa Rust	00:52:18.63		Runner	Winnipeg, MB	5:14/K	11.5kph	48	37	
2.	1841	Sarah Johnson	00:54:37.62		Runner	Winnipeg, MB	5:28/K	11.0kph	68	38	
3.	7159	Fiona Thiessen	00:56:01.20		Runner	Winnipeg, MB	5:36/K	10.7kph	85	39	
4.	1810	Sherie Gray	00:58:10.88		Runner	Winnipeg, MB	5:49/K	10.3kph	98	38	
5.	7110	tricia orsulak	00:59:09.42		Runner	winnipeg, MB	5:55/K	10.1kph	106	39	
6.	1891	Girlie Medina	01:00:27.30		Runner	Winnipeg, MB	6:03/K	9.9kph	112	37	
7.	1787	Leanne Fontaine	01:01:37.19		Runner	Lorette, MB	6:10/K	9.7kph	122	37	
8.	1793	Linda Funk	01:03:40.65		Runner	Winnipeg, MB	6:22/K	9.4kph	129	39	
9.	1753	Kristine Cruz	01:06:15.41		Runner	Winnipeg, MB	6:38/K	9.1kph	146	35	
10.	1728	Jamie Borlang	01:06:52.85		Runner	Winnipeg	6:41/K	9.0kph	151	35	
11.	7168	Kerri Twigg	01:10:28.29		Runner	Winnipeg, MB	7:03/K	8.5kph	167	38	
12.	1877	Riza Marcelino	01:11:46.95		Runner	West St Paul, MB	7:11/K	8.4kph	174	38	
13.	1873	Lizbeth Macias	01:12:16.10		Runner	Winnipeg, MB	7:14/K	8.3kph	177	36	
14.	1745	Chastity Cleofas Afurong	01:12:31.71		Runner	Winnipeg	7:15/K	8.3kph	178	37	

Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1778	Joel Dumont	00:43:55.12		Runner	Winnipeg, MB	4:24/K	13.7kph	6	35	
2.	7182	Sean Williams	00:44:24.56		Runner	Winnipeg, MB	4:26/K	13.5kph	8	38	
3.	7132	Jeff Rothenburger	00:44:36.41		Runner	Winnipeg, MB	4:28/K	13.5kph	9	38	
4.	1809	Scott Graham-Derham	00:45:58.37		Runner	Winnipeg, MB	4:36/K	13.1kph	13	38	
5.	1823	Jeff Heidinger	00:48:44.21		Runner	Winnipeg, MB	4:52/K	12.3kph	24	37	
6.	7137	Matthias Rust	00:50:00.57		Runner	Winnipeg, MB	5:00/K	12kph	31	39	
7.	1788	Luc Fortier	00:50:37.92		Runner	LaSalle	5:04/K	11.9kph	36	36	
8.	7165	Jean-Guy Trudeau	00:52:32.54		Runner	Winnipeg	5:15/K	11.4kph	52	36	
9.	7138	Omar Sanchez	00:54:53.42		Runner	Winnipeg, MB	5:29/K	10.9kph	72	37	
10.	1835	Dave Jackimec	00:54:56.58		Runner	Winnipeg, CAN	5:30/K	10.9kph	73	39	
11.	1775	Ryan Dueck	00:55:01.79		Runner	Winnipeg, MB	5:30/K	10.9kph	75	35	
12.	7124	Brian Rarama	00:55:05.19		Runner	Winnipeg, MB	5:30/K	10.9kph	76	39	
13.	7160	Brendan Thompson	00:55:25.60		Runner	Winnipeg, MB	5:33/K	10.8kph	79	39	
14.	1707	Roger Au	00:58:59.26		Runner	Winnipeg, MB	5:54/K	10.2kph	104	36	
15.	7178	Ryan Ward	01:01:16.02		Runner	West St Paul, MB	6:08/K	9.8kph	116	39	
16.	7149	Jose Soliven	01:02:34.11		Runner	Winnipeg, MB	6:15/K	9.6kph	123	38	
17.	1755	Chris Cumming	01:05:04.79		Runner	Narol, MB	6:30/K	9.2kph	141	36	
18.	1899	Jay Montemayor	01:09:06.85		Runner	Winnipeg, MB	6:55/K	8.7kph	162	37	
19.	1752	Kevin Cox	01:11:44.20		Runner	Narol, MB	7:10/K	8.4kph	172	35	

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Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7188	Jen Anderson	00:47:45.88		Runner	Portage Prairie, MB	4:46/K	12.6kph	20	41	
2.	1767	Robin Dick	00:55:42.04		Runner	Landmark, MB	5:34/K	10.8kph	82	44	
3.	1889	Marianne McPeek	00:58:51.58		Runner	Winnipeg, MB	5:53/K	10.2kph	102	40	
4.	7119	Jennifer Peters	01:00:42.16		Runner	Winnipeg, MB	6:04/K	9.9kph	115	42	
5.	1887	Marla McKitrick	01:03:52.33		Runner	Winnipeg, MB	6:23/K	9.4kph	132	40	
6.	1811	Pamela Gula	01:05:07.76		Runner	Winnipeg, MB	6:31/K	9.2kph	142	43	
7.	1776	Jennifer Duff	01:05:27.65		Runner	Niverville, MB	6:33/K	9.2kph	145	42	
8.	1847	Kari Klassen	01:06:53.74		Runner	St. Clements, MB	6:41/K	9.0kph	153	43	
9.	1830	stacey huitikka	01:10:40.18		Runner	winnipeg, MB	7:04/K	8.5kph	168	42	
10.	1729	Stacey Borowski	01:11:46.47		Runner	Winnipeg, MB	7:11/K	8.4kph	173	41	
11.	7105	Michelle Newcombe	01:16:03.62		Runner	Winnipeg, MB	7:36/K	7.9kph	186	40	

Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1759	Eric Dahle	00:45:41.73		Runner	Winnipeg, MB	4:34/K	13.1kph	12	40	
2.	1890	Clayton McPherson	00:47:27.28		Runner	Winnipeg, MB	4:45/K	12.6kph	18	42	
3.	1815	Taeyeon Han	00:47:59.13		Runner	Winnipeg, MB	4:48/K	12.5kph	21	43	
4.	1719	Callum Beattie	00:50:28.99		Runner	Winnipeg, MB	5:03/K	11.9kph	35	44	
5.	1855	Alejandro Krozkin	00:53:00.15		Runner	Winnipeg, MB	5:18/K	11.3kph	54	43	
6.	7161	Joe Thomson	00:53:04.93		Runner	Blumenort, MB	5:18/K	11.3kph	57	40	
7.	1770	Scott Dick	00:54:46.98		Runner	Landmark, MB	5:29/K	11.0kph	70	44	
8.	7150	Matt Solvason	00:56:50.18		Runner	Winnipeg, MB	5:41/K	10.6kph	92	43	
9.	1748	Kevin Cook	01:00:20.41		Runner	Winnipeg, MB	6:02/K	9.9kph	111	42	
10.	1792	Cameron Funk	01:03:40.96		Runner	Winnipeg, MB	6:22/K	9.4kph	130	42	
11.	1836	Gael Jacob	01:04:52.55		Runner	Winnipeg, MB	6:29/K	9.2kph	139	43	

Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7131	Pam Rolland	00:55:58.02		Runner	West St Paul, MB	5:36/K	10.7kph	84	49	
2.	1739	Claudia Carriles	01:04:12.13		Runner	Winnipeg	6:25/K	9.3kph	135	49	
3.	1864	Colleen Legary	01:06:53.49		Runner	dugald, MB	6:41/K	9.0kph	152	48	
4.	1710	Charlene Bakke	01:10:19.48		Runner	Winnipeg, MB	7:02/K	8.5kph	165	46	
5.	1822	Kristine Hayward	01:15:00.40		Runner	Winnipeg, MB	7:30/K	8kph	184	45	

Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7169	David Unger	00:45:40.99		Runner	Winnipeg, MB	4:34/K	13.1kph	11	49	
2.	7193	Gary Gervais	00:50:57.50		Runner	Winnipeg, MB	5:06/K	11.8kph	39	47	
3.	1898	Andy Misurka	01:00:14.00		Runner	Winnipeg, MB	6:01/K	10.0kph	109	49	
4.	1861	NOEL LAPUZ	01:03:28.57		Runner	WINNIPEG, MB	6:21/K	9.5kph	128	47	

Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1875	Nancy MacTavish	00:53:36.31		Runner	Winnipeg, MB	5:22/K	11.2kph	61	50	
2.	1893	Jeannine Meyer	00:54:20.32		Runner	Winnipeg, MB	5:26/K	11.0kph	65	53	

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3.	1701	Maria Abiusi	00:56:37.19	Runner	Winnipeg, MB	5:40/K	10.6kph	91	53
4.	1833	Kimberly Jabusch	01:03:09.35	Runner	Winnipeg (Assiniboine South / Betsworth), MB	6:19/K	9.5kph	127	51
5.	1791	Sheila Fukumura	01:07:49.36	Runner	Winnipeg, MB	6:47/K	8.8kph	157	52

Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1826	Greg Hollingshead	00:48:09.78		Runner	Stonewall, MB	4:49/K	12.5kph	23	52	
2.	7194	David Glover	00:53:02.66		Runner	Winnipeg, MB	5:18/K	11.3kph	56	53	
3.	7135	Richard Rusk	00:53:41.20		Runner	Winnipeg, MB	5:22/K	11.2kph	62	51	
4.	7111	Iain Palmer	00:56:27.63		Runner	Stonewall, MB	5:39/K	10.6kph	88	50	
5.	1731	Gilles Boulley	00:56:31.58		Runner	Winnipeg, MB	5:39/K	10.6kph	89	53	
6.	7185	Bokyeon Won	00:56:31.72		Runner	Winnipeg, MB	5:39/K	10.6kph	90	51	
7.	1883	Brent McCallum	01:10:07.62		Runner	Winnipeg, MB	7:01/K	8.6kph	164	51	

Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1896	Anita Miller	00:53:47.65		Runner	Winnipeg, MB	5:23/K	11.2kph	63	57	
2.	1784	Vicki Favel	00:57:23.75		Runner	La Salle, MB	5:44/K	10.5kph	95	56	
3.	1837	Colette Jamieson	01:03:03.29		Runner	east st. paul, MB	6:18/K	9.5kph	126	58	
4.	7147	Gwen Smoluk	01:08:55.09		Runner	Winnipeg, MB	6:54/K	8.7kph	158	55	
5.	1737	Marcia Cameron	01:34:41.34		Runner	Cambridge, MB	9:28/K	6.3kph	192	56	

Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1751	Bob Cox	00:43:33.18		Runner	Winnipeg, MB	4:21/K	13.8kph	5	56	
2.	1827	David Hooper	00:48:49.47		Runner	St. Andrews, MB	4:53/K	12.3kph	25	56	
3.	1894	Maurice Mierau	00:48:55.71		Runner	Winnipeg, MB	4:54/K	12.3kph	27	55	
4.	1706	David Armishaw	00:52:31.67		Runner	Stonewall, MB	5:15/K	11.4kph	50	57	
5.	7144	James Slade	00:54:20.05		Runner	Winnipeg, MB	5:26/K	11.0kph	64	58	
6.	1813	Ken Haines	00:57:10.16		Runner	Ste Anne, MB	5:43/K	10.5kph	93	55	
7.	1860	Mike Langedock	00:57:33.27		Runner	Winnipeg, MB	5:45/K	10.4kph	96	58	
8.	7195	Gregory Nyobole Kibrari	01:24:08.84		Runner	Winnipeg, MB	8:25/K	7.1kph	189	55	
9.	1764	George Derwin	01:26:38.59		Runner	Winnipeg, MB	8:40/K	6.9kph	190	58	
10.	1817	Bob Hansen	01:26:39.08		Runner	Winnipeg, MB	8:40/K	6.9kph	191	58	

Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7113	Danielle Papin	00:49:02.32		Runner	Winnipeg, MB	4:54/K	12.2kph	28	61	
2.	1882	Kathleen McCallum	01:02:54.29		Runner	Lockport, MB	6:17/K	9.5kph	124	61	
3.	1868	Irene Ling	01:02:54.60		Runner	Winnipeg, MB	6:17/K	9.5kph	125	62	
4.	1862	Clemus Laurila	01:04:22.56		Runner	Winnipeg, MB	6:26/K	9.3kph	137	62	

Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1838	Robert Jamieson	00:53:14.83		Runner	east st. paul, MB	5:19/K	11.3kph	58	62	
2.	1786	Brian Flynn	01:04:39.03		Runner	Winnipeg, MB	6:28/K	9.3kph	138	62	

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Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1886	Ian McKeown	00:55:12.45		Runner	Winnipeg, MB	5:31/K	10.9kph	77	66	
2.	7189	Ray Hesslein	01:04:02.12		Runner	Winnipeg, MB	6:24/K	9.4kph	133	67	

Female 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1805	Bonnie Gordon	01:13:23.44		Runner	Winnipeg, MB	7:20/K	8.2kph	182	70	