

# Ted's Run for Literacy 10K

## Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5786	Adam Penner	00:35:29.39		Runner	Winnipeg, Man	3:33/K	16.9kph	1	31	
2.	5771	Brandon Pinsent-oxley	00:36:33.57		Runner	winnipeg, Man	3:39/K	16.4kph	2	31	
3.	5728	Chris Frank	00:37:24.09		Runner	Winnipeg, Man	3:44/K	16.0kph	3	45	

## Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5796	Mairead Drain	00:44:33.19		Runner	Winnipeg, Man	4:27/K	13.5kph	13	39	
2.	5779	Kelly Hunter	00:44:44.05		Runner	Winnipeg, Man	4:28/K	13.4kph	14	49	
3.	5746	Janie Parson	00:45:32.72		Runner	La Salle, Man	4:33/K	13.2kph	16	44	

## Male 0 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5780	Sylvain Carriere	00:38:14.83		Runner	Winnipeg, Man	3:49/K	15.7kph	4	12	
2.	5733	Cavanagh McGurran	01:04:09.53		Runner	Winnipeg, Man	6:25/K	9.4kph	71	11	

## Female 0 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5712	Celina Romaniw	01:07:01.20		Runner	St. Andrews, Man	6:42/K	9.0kph	77	14	

## Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5707	Therese Pabroa	01:13:14.94		Runner	Winnipeg, Man	7:19/K	8.2kph	88	19	

## Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5743	Nathan Glowach	00:54:31.75		Runner	Winnipeg, Man	5:27/K	11.0kph	41	23	
2.	5741	Carter Greenslade	01:10:34.59		Runner	Winnipeg, Man	7:03/K	8.5kph	84	21	

## Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5774	Heather Young	00:57:18.56		Runner	Winnipeg, Man	5:44/K	10.5kph	55	24	
2.	5711	Danika Romaniw	01:07:00.96		Runner	St. Andrews, Man	6:42/K	9.0kph	76	21	
3.	5744	Destiny Sproule	01:10:34.66		Runner	Winnipeg, Man	7:03/K	8.5kph	85	22	

## Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5784	Jonas Eastcott	00:38:21.08		Runner	Winnipeg, Man	3:50/K	15.6kph	5	26	

## Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5786	Adam Penner	00:35:29.39		Runner	Winnipeg, Man	3:33/K	16.9kph	1	31	
2.	5771	Brandon Pinsent-oxley	00:36:33.57		Runner	winnipeg, Man	3:39/K	16.4kph	2	31	
3.	5735	Dany's Dorge	00:44:21.95		Runner	Winnipeg, Man	4:26/K	13.5kph	12	34	
4.	5716	Jason Yung	00:56:47.19		Runner	Winnipeg, Man	5:41/K	10.6kph	53	30	

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## Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5727	Jenny Hall	00:52:31.12		Runner	Winnipeg, Man	5:15/K	11.4kph	35	32	
2.	5754	Aimee Veldkamp-Dudych	00:53:05.66		Runner	Winnipeg, Man	5:18/K	11.3kph	37	32	
3.	5718	Sarah Semmler	00:54:45.25		Runner	Winnipeg, Man	5:28/K	11.0kph	43	34	
4.	5758	Katherine Likuski	00:54:51.11		Runner	Coldbrook, Nov	5:29/K	10.9kph	44	31	
5.	5788	Jessica Landry	00:59:34.61		Runner	Winnipeg, Man	5:57/K	10.1kph	61	32	

## Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5731	Michael French	00:42:04.80		Runner	Winnipeg, Man	4:12/K	14.3kph	9	38	
2.	5765	Michael Thompson	00:47:54.92		Runner	Winnipeg, Man	4:47/K	12.5kph	20	39	
3.	5740	Darren Baker	00:53:09.84		Runner	Winnipeg, Man	5:19/K	11.3kph	38	39	
4.	5759	Mark Chan	00:55:54.89		Runner	Winnipeg, Man	5:35/K	10.7kph	47	35	
5.	5721	Ronald Mutuc	00:59:18.24		Runner	Winnipeg, Man	5:56/K	10.1kph	59	35	

## Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5796	Mairead Drain	00:44:33.19		Runner	Winnipeg, Man	4:27/K	13.5kph	13	39	
2.	5775	Kim Antonio	00:52:12.85		Runner	winnipeg, Man	5:13/K	11.5kph	33	39	
3.	5717	Alison Baker	00:53:10.41		Runner	Winnipeg, Man	5:19/K	11.3kph	39	39	
4.	5766	Karen Martindale	01:03:26.13		Runner	Winnipeg, Man	6:21/K	9.5kph	69	38	

## Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5726	Jared Spier	00:42:16.68		Runner	Winnipeg, Man	4:14/K	14.2kph	10	41	
2.	5776	Paul Newman	00:51:07.01		Runner	Winnipeg, Man	5:07/K	11.7kph	29	40	
3.	5702	Kevin McCorrister	00:51:39.11		Runner	Winnipeg, Man	5:10/K	11.6kph	30	40	
4.	5725	Dan Chevrier	00:57:10.61		Runner	St. Adolphe, Man	5:43/K	10.5kph	54	42	
5.	5732	Jay McGurran	01:00:40.54		Runner	Winnipeg, Man	6:04/K	9.9kph	64	41	

## Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5746	Janie Parson	00:45:32.72		Runner	La Salle, Man	4:33/K	13.2kph	16	44	
2.	5708	WENDY DYCK	00:49:54.05		Runner	ALTONA, Man	4:59/K	12.0kph	25	42	
3.	5768	cheryl pearson	00:54:30.84		Runner	Winnipeg, Man	5:27/K	11.0kph	40	40	
4.	5734	Lori Roberts	01:01:53.43		Runner	Winnipeg, Man	6:11/K	9.7kph	65	43	

## Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5728	Chris Frank	00:37:24.09		Runner	Winnipeg, Man	3:44/K	16.0kph	3	45	
2.	5782	Andrew Swan	00:48:47.38		Runner	Winnipeg, Man	4:53/K	12.3kph	21	49	
3.	5772	Boyan Zigich	00:49:18.27		Runner	Winnipeg, Man	4:56/K	12.2kph	23	49	
4.	5762	Bryan Ezako	00:52:10.51		Runner	Cartier, Man	5:13/K	11.5kph	32	45	
5.	5785	Derrick Boutang	00:55:43.25		Runner	Winnipeg, Man	5:34/K	10.8kph	46	46	
6.	5769	Craig White	00:57:55.96		Runner	WINNIPEG, Man	5:48/K	10.4kph	57	45	
7.	5742	Chris Hall	01:04:18.82		Runner	Winnipeg, Man	6:26/K	9.3kph	72	49	

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8. 5783 Warren Banks 01:12:04.52 Runner Winnipeg, Man 7:12/K 8.3kph 86 46

## Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5779	Kelly Hunter	00:44:44.05		Runner	Winnipeg, Man	4:28/K	13.4kph	14	49	
2.	5724	LISA GONZALES	00:48:48.02		Runner	Winnipeg, Man	4:53/K	12.3kph	22	47	
3.	5792	Krystel Kemp	00:50:31.26		Runner	Winnipeg, Man	5:03/K	11.9kph	26	46	
4.	5789	Laura Toews	00:50:37.13		Runner	Winnipeg, Man	5:04/K	11.9kph	28	46	
5.	5781	Melissa Budd	00:52:23.80		Runner	Teulon, Man	5:14/K	11.5kph	34	47	
6.	5736	Catherine Moltzan	00:56:19.57		Runner	Headingley, Man	5:38/K	10.7kph	51	48	
7.	5722	Tammy Nelson	00:56:31.14		Runner	Argyle, Man	5:39/K	10.6kph	52	48	
8.	5703	Angela Power	01:03:04.20		Runner	Winnipeg, Man	6:18/K	9.5kph	67	49	
9.	5751	Carmen Basarowich	01:05:08.51		Runner	Winnipeg, Man	6:31/K	9.2kph	75	46	

## Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5730	Alan Hopkins	00:41:57.73		Runner	West St. Paul, Man	4:12/K	14.3kph	7	54	
2.	5787	Troy Mawle	00:46:51.22		Runner	Winnipeg, Man	4:41/K	12.8kph	19	52	
3.	5767	Tim Magas	00:51:53.37		Runner	Winnipeg, Man	5:11/K	11.6kph	31	50	
4.	5723	Shawn Bjornsson	01:04:46.07		Runner	Winnipeg, Man	6:29/K	9.3kph	74	54	
5.	5713	Roman Romaniw	01:07:01.48		Runner	St. Andrews, Man	6:42/K	9.0kph	78	50	

## Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5753	Catherine McKay	00:56:08.16		Runner	Winnipeg, Man	5:37/K	10.7kph	49	52	
2.	5799	Jill Saunders	01:08:39.49		Runner	Winnipeg, CAN	6:52/K	8.7kph	81	52	
3.	5715	Janice Matthewman	01:10:20.60		Runner	Winnipeg, Man	7:02/K	8.5kph	83	52	
4.	5710	leaslie mcphail	01:15:39.08		Runner	winnipeg, Man	7:34/K	7.9kph	89	51	
5.	5748	Christine Lichti	01:15:41.53		Runner	Starbuck, Man	7:34/K	7.9kph	91	54	
6.	5719	Sarah Lugtig	01:26:34.32		Runner	Winnipeg, Man	8:39/K	6.9kph	92	52	

## Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5760	Bruce Young	00:41:32.58		Runner	Winnipeg, Man	4:09/K	14.4kph	6	58	
2.	5704	Bob Cox	00:42:01.14		Runner	Winnipeg, Man	4:12/K	14.3kph	8	57	
3.	5745	Gordon Flett	00:45:17.47		Runner	Winnipeg, Man	4:32/K	13.2kph	15	57	
4.	5790	David Hooper	00:46:39.43		Runner	St. Andrews, Man	4:40/K	12.9kph	18	57	
5.	5701	Gary Sutherland	00:56:03.39		Runner	WINNIPEG, Man	5:36/K	10.7kph	48	57	
6.	5737	Paul Brault	00:56:19.51		Runner	Headingley, Man	5:38/K	10.7kph	50	59	
7.	5773	Robert Young	00:57:21.54		Runner	Winnipeg, Man	5:44/K	10.5kph	56	58	
8.	5739	Don Sourisseau	00:59:53.51		Runner	Winnipeg, Man	5:59/K	10.0kph	62	58	
9.	5777	David Fielder	01:12:13.67		Runner	Winnipeg, Man	7:13/K	8.3kph	87	56	

## Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5729	Louise Stuart	00:58:26.17		Runner	Winnipeg, Man	5:51/K	10.3kph	58	55	

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2.	5714	Colleen Semmler	01:03:01.09		Runner	OAKBANK, Man	6:18/K	9.5kph	66	56
3.	5757	Nadine Linder	01:10:20.21		Runner	Winnipeg, Man	7:02/K	8.5kph	82	55
4.	5756	Darlene Karlstedt	01:15:41.38		Runner	Winnipeg, Man	7:34/K	7.9kph	90	55
5.	5705	Patricia Mondt	01:31:18.06		Runner	Winnipeg, Man	9:08/K	6.6kph	94	56

## Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5795	David Harron	00:49:47.33		Runner	Winnipeg, Man	4:59/K	12.1kph	24	60	
2.	5794	Randal Bodner	00:59:18.86		Runner	Winnipeg, Man	5:56/K	10.1kph	60	60	
3.	5793	Jim Nixon	01:00:34.22		Runner	Winnipeg, Man	6:03/K	9.9kph	63	64	
4.	5798	David O'Connor	01:03:53.49		Runner	Winnipeg, Man	6:23/K	9.4kph	70	62	
5.	5791	Rod Lauder	01:04:22.51		Runner	Winnipeg, Man	6:26/K	9.3kph	73	63	
6.	5860	George Koch	01:08:20.82		Runner	Winnipeg, CAN	6:50/K	8.8kph	80	64	
7.	5778	Guy Madill	01:28:59.61		Runner	Winnipeg, Man	8:54/K	6.7kph	93	60	

## Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5752	Danielle Papin	00:50:35.50		Runner	Winnipeg, Man	5:03/K	11.9kph	27	61	
2.	5800	Shelly Borschawa	00:54:36.43		Runner	Winnipeg, CAN	5:28/K	11.0kph	42	60	
3.	5764	Elizabeth Dillon	01:03:13.46		Runner	Winnipeg, Man	6:19/K	9.5kph	68	61	
4.	5763	ALEXIS MOONEY	01:07:56.68		Runner	WINNIPEG, Man	6:48/K	8.8kph	79	63	

## Male 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5750	Grant Mitchell	00:55:20.28		Runner	Winnipeg, Man	5:32/K	10.8kph	45	65	

## Male 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5749	Grant Towns	00:43:41.64		Runner	Winnipeg, Man	4:22/K	13.7kph	11	70	
2.	5738	Leon Clegg	00:45:39.22		Runner	Seven Sisters Falls, Man	4:34/K	13.1kph	17	71	

## Male 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5797	Sean Drain	00:52:58.83		Runner	Winnipeg, Man	5:18/K	11.3kph	36	75	